

# Seminar 2: Building well organised mental models

This page will support you in preparing for your upcoming seminar so that you can make the most of your time during the session.

## In your upcoming seminar you will explore:

- what mental models are and how they are developed
- strengths and areas for improvement in your own retrieval quiz
- how to increase the challenge of retrieval practice to further develop pupils' understanding
- where and how to include retrieval practice in a sequence of lessons

## Prior to your seminar ensure you have completed:

- [Using worked and partially completed examples](#)
- [Helping pupils to remember](#)



## Important!

### During the seminar you will need:

- a pen and paper, or a device for note taking
- the retrieval quiz you created in [Helping pupils to remember](#)
- a sequence of lessons that you will soon be teaching.
- your reflections from the video of Lee Donaghy you watched in [Building mental models](#)

If your seminars are delivered via Teach First direct delivery you can access the seminar slides here **one week prior** to your seminar.

If your seminars are delivered by one of our delivery partners they will provide access to the seminar slides in line with their delivery schedule.